



# St Lawrence Church of England Primary School

## Curriculum Statement for Physical Education



### Vision

*'Achieving together † Learning for life in all its fullness'*

**Our vision is to be a school rooted in clear Christian values, where children participate, excel and are proud of their achievements.**

### Intent

At St Lawrence Church of England Primary, we believe that every pupil should have the opportunity to gain the knowledge and skills to live a full, healthy life; emotionally, mentally, and physically. Primary Physical Education (PE) is fundamental to this. PE offers opportunities for children to be creative, cooperative, and competitive and to face up to diverse challenges both as individuals and in groups. A 'good workout' helps ease anxiety, tension and stress and will result in improved attention in class.

### Implementation

Our Physical Educational curriculum is fully inclusive and designed around our school ethos which enables everyone, regardless of background or ability, to achieve together and unlock their potential. The PE National Curriculum and EYFS statutory framework objectives are fully met within our school curriculum, supported by the Lancashire Scheme.

We understand that children develop fitness, ability, and skills used within PE at different ages therefore, our curriculum is based on a spiral progression of skills. All our lessons are focussed on learning key skills and are later applied to game situations. This also supports children in their participation in festivals and competitions.

All children learn the importance of warming up and cooling down before Physical activity, as well as an understanding of health, fitness and how to live healthy and active lives. PE also teaches children to be cooperative with others but in addition to compete against others, supporting them in learning to show sportsmanship. It teaches them invaluable skills of teamwork, communication, corporation and what it means to be a good leader.

Each class has 2 PE lessons within a week in school, the only exception to this is one session may be used for the teaching of swimming off site, where we ensure that all pupils can swim 25m by the end of primary school. In addition to this, we offer the children enrichment opportunities through specialist coaching sessions and signposting to relevant clubs and sports opportunities.

At St Lawrence CE Primary we offer the opportunity to join a team sport through various afterschool clubs, entering sporting competitions and festivals with other local school and leadership development through our Sports Crew.

### Impact

By the time children leave St Lawrence CE Primary they will:

- Have an excellent knowledge of how to lead healthy, active lives.
- Have the ability to be physically active for sustained periods of time.
- Have competence to achieve in a broad range of physical activities.
- Have the ability to express how they feel and have the knowledge to know what they could do to make them healthier.
- Be able to swim 25m.
- Have represented the school in an external fixture.
- Have a passion and commitment to engage in competitive sports and activities.

We measure the impact of our curriculum through the following methods:

- Summative assessment of pupils through discussions about their learning.
- Interviewing the pupils about their learning (pupil voice).
- Engagement in extracurricular activities.
- Participation in festivals and competitions

### How we support children with Special Educational Needs in this subject area:

We believe all pupils should have the opportunity to learn to the best of their capabilities through a broad and balanced, inclusive curriculum. This means that every child, including those with a Special Educational Need, should have access to a high standard of 'Quality First Teaching' throughout the day in every curriculum subject, including PE.

Our pupils with a Special Educational Need are supported by using a scheme that uses progressive skill developments which allows children to make progress from whatever their starting point. This differentiation might include organisation and grouping, visual resources, adult support, peer mentoring, adapted equipment, pre and over learning of key vocabulary and questioning, enabling all children to reach their potential in PE.